



ZONTA
CLUB OF
JAMESTOWN, NY
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTIANA

Zonta Club of Jamestown's Monthly Newsletter

JANUARY 2018

HAPPY NEW YEAR!



January Birthdays!

Donna Grekalski
January 15

Eileen Healy
January 1

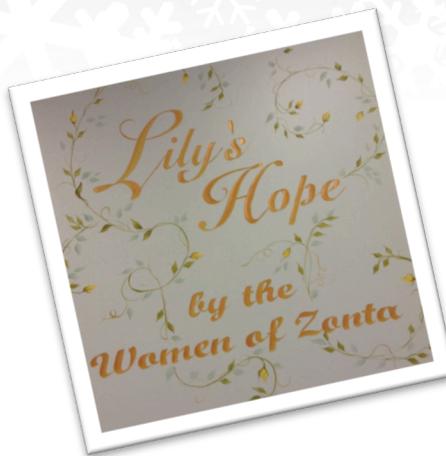
Roz Newton
January 14

Lily Olson
January 17

Ann Powers
January 8

Barb Rappole
January 26

Anne Rizzo
January 25



Lily's Hope Receives \$1,000 Donation

Zonta Club of Jamestown is overjoyed to announce the donation of \$1,000 from the Breast Cancer Support Group to Lily's Hope. Lily's Hope is a free resource in Chautauqua County for women experiencing hair loss due to a medical diagnosis or treatment. At Lily's Hope, women can receive a free wig, cap, hat or other accessories as available. Zonta Club will utilize the donation toward more new wigs and medical accessories.

Recently, Zonta Club expanded this offering to women in Warren, PA and surrounding counties as requested. To make an appointment, one only has to call the UPMC Chautauqua WCA Cancer Treatment Center at (716) 487-0141. Lily's Hope is located at the Jones Memorial Health Center, 51 Glasgow Avenue in Jamestown.

Save The Date!

Meeting

Jan 3rd

Board 5:15pm

Dinner & Business
Meeting 6pm at the
Marvin House

Amelia Earhart Day

Jan 11th

Visit Zonta.org to
learn [more](#) about this
incredible woman!

Program Meeting

Jan 17th

Join us for a fun
evening!

Social Hour at 5:15pm
& Dinner at 6pm



Service Committee

Thank you to all who donated to the Anew Center and to the Boys and Girls Club this Christmas!

Anew Center Delivery:

The staff at Anew were so grateful and overwhelmed with our member's generosity. The hatch in my jeep was full. We , carried in the toys, pajamas, craft kits and so much more. (Of course the staff member that was helping was all woman...she carried bags in on every finger! - heaven forbid we make an extra trip!) Eileen Healy

Boys & Girls Club Delivery:

An impressive about of donations were given to both Anew and the Boys and Girls Club. We should be proud of our support of these essential programs in our community.



Advocacy Committee

The Advocacy committee were very pleased with the awareness that the 16 Days of Activism brought to the community with the yellow bows and signs placed throughout Jamestown, article in paper, Facebook posts, wearing of orange arm bands and ribbons and chatter with our friends, family and co-workers. Now we are busy planning for LunaFest with the date to be decided very soon.

Let us know if you have any questions.

Bonnie & Karen, Co-Chairs





Mayor Sam Teresi Joins Zonta in Saying NO to Violence Against Women

JAMESTOWN: Jamestown Mayor Sam Teresi joins members from Zonta Club to kickoff “The 16 Days of Activism.”

Supported by Zonta International to underline “Zonta Says No to Violence Against Women,” the campaign runs from November 25th, the International Day for the Elimination of Violence Against Women, through Dec 10th, Human Rights Day.

Throughout the 16 days, you’ll find yellow ribbons on city bridges as well as a large banner on Main street between Fifth and Sixth Streets, and a second large banner on the corner of Fluvanna and Washington streets, in Jamestown.

Zonta club encourages you to stop and take a ‘selfie’ with the banners and post your picture to social media tagged with #ZontaSaysNO.

Zonta International envisions a world in which women’s rights are recognized as human rights and every woman is able to achieve her full potential.

In such a world, women have access to all resources and are represented in decision-making positions on an equal basis with men. **In such a world, no woman lives in fear of violence.**

For more information on the campaign visit: zontasaysno.com. If you’re interested in joining the campaign or seek membership to the club visit ZontaJamestown.org or like our community page on Facebook.

From “Z” Archives...

(Reprinted from December Zontiana Newsletter)

Zonta Club of Jamestown in the 1960s:

By the 1960s, Jamestown Zonta Club was gaining a reputation as the Traveling Club as more and more members held district offices and the club supported them by attending all District and Inter-city events.

Anne Crowe served as Governor of District IV for the 1963-65 biennium. She also served on the International Board of Directors and Chairman of Timekeepers at the 1966 International Convention.

In 1960, the Mayor of Jakobstad, Finland (Jamestown's sister city) was honored at an open house hosted by Zonta.

The Zonta Club of Jamestown sponsored and paid for the organization of a Zonta Club in Athens, Greece.

Two of our members also worked hard to found the Westfield-Mayville Area Zonta Club. Pauline Lopus organized a Z-Club at Southwestern Central School and a Golden Z Club was organized at JCC. This was the first Golden Z Club in New York State and District IV.

After two years of study, the Public Affairs and Status of Women Committee created a Women's Information Center at the YWCA where women could go for counseling with regard to job opportunities and additional education. This was particularly geared to high school drop-outs, high school graduates, the disadvantaged, and those who had been out of the workforce for a period of time.

And beginning in 1961, our club cast its annual election ballots using an AVM voting machine. We were the only unit of International to do so.



President's Message

Every year we hear about resolutions. Do you have resolutions? Resolve. Repeat. I don't like making sweeping declarations of losing weight because I don't want to fail or get discouraged if I don't make it to my goal by a certain time. I have, however, been successful at trying to figure out a way to improve how I feel about certain things.

My favorite resolution was a few years back when I resolved to stop gossip when it started near me. I had a co-worker who loved to gossip and when the BIG SCOOP came up, I'd say I didn't want to know. That co-worker eventually gave up coming and telling me all the drama and I felt so relieved that I didn't have to carry the burdens of others' on my shoulders. It also made me feel like I could face the people my co-worker talked about with a clean slate and let them tell me what is going on if they wanted to. And if they chose to share, it was good getting the real story from them. I also felt I could be more patient with my co-worker as well. It was nice to be able to get to work instead of hearing about things that didn't affect me directly.

Last year, since I was battling depression, I resolved to be kinder to myself. It's something I'll continue this year. I also want to add "respecting the journey." That was something I heard in a podcast during my travels for work. Just the understanding that every person has a journey, and that I should never judge someone on their first impression because I don't know what they've endured. So... I'm resolving practice of kindness to myself and to others. As a Zontian, I would hope I have this in the bag... Ah, but it does well for me to resolve and repeat.

Warmest Regards (especially during this cold month),

Rosie



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